



# Policy - Food Sharing

## Epping Primary School

### Purpose

To ensure that eating food at our school is safe and that those students that suffer from life threatening allergies and other health conditions are protected. Students eat regularly throughout the school day, but to ensure the safety of students, eating needs to be managed appropriately.

### Policy

#### Implementation:

- Students at our school typically bring food for recess, bring food (or purchase a lunch order) for lunch.
- In addition, students are able to eat brain food (fresh fruit or vegetables, and drink water during classes. Students are not allowed to eat non-brain foods during class times.
- Parents to notify the office and classroom teacher of any allergies and complete relevant paperwork.
- Students are to eat morning tea and lunch in the classroom during designated eating times.
- Parents will be notified of any specific food allergies of students in that grade and are discouraged from providing foods of that nature where possible (eg. Nuts).
- Students are not permitted to eat during PE classes, and are not permitted to use chewing gum.
- If for any reason, students do not finish eating their food in the classroom, they are required to finish eating in a designated area outside the staffroom or take the unfinished food home.
- Students are not permitted to wander around the school eating food at recess or lunch times.
- Students found wandering the school and eating food will be managed in a manner consistent with the school's Code of Conduct.
- Rubbish bins will be placed in each classroom.
- Due to issues relating to anaphylaxis, allergies, diabetes etc, students are:
  - not to swap or share food with others
  - not to be provided with food from other families
  - not to be provided food/lollies from the school/teacher without school leadership approval and parent/guardians are notified prior to the event
- The school curriculum will include the benefits of healthy foods, exercise and a healthy lifestyle.
- All school activities, excursions and camps etc will involve detailed information to parents regarding the food menu.
- Throughout the year, there will be occasions where students will be involved in shared food experiences. These activities are curriculum activities. Food related curriculum activities must adhere to a detailed risk assessment plan that is presented to the school leadership team.
- We will continue to celebrate special events such as Birthdays, Christmas and Easter, however, if food is involved it will be organised by the school and a note will go home after it has been approved by the school leadership team.
- Parents are asked to refrain from providing edible treats such as chocolate Easter eggs, birthday cakes and sweets for their child to share with classmates. Parents and teachers will be encouraged to provide an alternative such as stickers, stationery items, and small gifts if they choose to bring something to school.

### Review Cycle

This policy will be reviewed as part of the school's annual review

This policy was last updated in February 2020 and is scheduled for review in 2021.